

## ***Inform your Physician***

The vitamins and minerals contained within this protocol are consumed at therapeutic levels in accordance with years of peer reviewed research supporting processes for remodeling the peripheral nervous system. This particular set of nutrients fortifies and accelerates the body's own natural ability to heal emphasizing on the peripheral nerves. The side effects have been proven to be better health.

In 2014 and after 8 years of suffering the prescribed effects of seizure medications and opiates, PN patient Bob Diamond gave up on his doctors inability to help him recover. While living in pain and in a brain fog, he immersed himself in Google Scholar for weeks searching for a natural pathway to heal damaged sensory fibers and peripheral nerves. In a few months he landed on the facts. Using himself as a guinea pig to prove his Protocol, he applied the findings of his research resulting in a rollback of nearly 80% of his symptoms in less than one year as substantiated by his neurologist's examination. He shared his knowledge on social media and refocused his life by helping others. **#theprotocolworks**

Having food in your stomach and properly hydrating using 80-100 ounces of water daily when supplementing allows the digestive process to metabolize the vitamin and mineral supplements and provides the natural process of elimination for any excess unneeded nutrients through the kidneys. Do not drink adult beverages, they impede the healing progress dehydrating your body's cells.

Take 3 tbs. of Organic Hemp Seed Oil one time per day

### Protocol 525

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| <p>Take 2 Blue and White Capsules</p> <p>(2 Capsules contain: 600 mg Na-R-ALA, 83.5 mg DFE Folate, 200 mg Magnesium, 4000 mcg Vitamin B12)</p> <p>Take 2 Clear Capsules</p> <p>(2 Capsules contain: 1000 mg Omega 3 Fish Oil [330 mg EPA/220 mg DHA], 62.5 mcg Vitamin D3)</p> <p>Take 1 Red and White Capsule</p> <p>(1 Capsule contains: 500 mg Acetyl-L-Carnitine, 100 mcg Vitamin K2)</p>   | <p><b>Before, During or After Breakfast</b></p>       |
| <p>Take 2 White Capsules</p> <p>(2 Capsules contain: 20000 mcg Biotin, 50 mg Thiamin, 50 mg Riboflavin, 20 mg Niacin)</p> <p>Take 2 Blue and White Capsules</p> <p>(2 Capsules contain: 600 mg Na-R-ALA, 83.5 mg DFE Folate, 200 mg Magnesium, 4000 mcg Vitamin B12)</p> <p>Take 2 Clear Capsules</p> <p>(2 Capsules contain: 1000 mg Omega 3 Fish Oil [330 mg EPA/220 mg DHA], 62.5 mcg Vitamin D3)</p> <p>Take 1 Red and White Capsule</p> <p>(1 Capsule contains: 500 mg Acetyl-L-Carnitine, 100 mcg Vitamin K2)</p> | <p><b>Midday</b></p> <p><b>After Evening Meal</b></p> |